



Free support for people living with severe mental health challenges*



Find out more

Discover how Connector Hub could help you. Find out more on the website:

www.connectorhub.org.au
1800 518 216

Connector Hub provides time limited recovery support for people living with severe mental health challenges to achieve their goals and improve wellbeing.

A recovery support worker and access worker can help you work on the goals you want to achieve.

You will be supported to take part in a range of activities to **help you live your best life.**



One Door Mental Health in partnership with Flourish Australia and Stride deliver Connector Hub services in South Western Sydney for SWSPHN



An Australian Government Initiative

Connector Hub is supported by funding from the Australian Government through the PHN Program



A psychosocial support program helping you live the life you want

1800 518 216

What is Connector Hub?

Imagine if you had someone to support you with the challenges in your life.

Connector Hub provides psychosocial support to help you improve wellbeing and achieve your goals.

This can be supporting you to connect with your community, finding work, education or accommodation and linking you up with services and health professionals to help you.



Who can access Connector Hub?

Connector Hub can help people who:

- are aged 18+
- live with the challenges living with severe mental health challenges can cause in everyday life
- are not receiving funding under NDIS (National Disability Insurance Scheme)
- live in South Western Sydney local government areas of:
 - Bankstown
 - Campbelltown
 - Camden
 - Fairfield
 - Liverpool
 - Wollondilly
 - Wingecarribee

What support will I receive?

Connector Hub tailors support to your specific needs.

A recovery support worker and access worker will aim to help you achieve your goals, manage daily tasks, get involved in activities and make connections.

You may receive support with finding work, connecting with your community, or accessing other health professionals.

What is an access worker?

Access workers are people with lived experience of mental health challenges and recovery. An access worker can use their experience to help you achieve your goals and participate in community life the way you want to.

How do I access Connector Hub?

Anyone can refer an eligible person to the program (with their permission) including:

- Self-referral
- Carers, family or friends
- Health professionals

Refer online and find out more at www.connectorhub.org.au or call **1800 518 216**.



Reaching Goals
support to reach your education,
employment & financial goals



Group Support
understanding your
mental illness & living
the life you want



Community Activities
connecting people in
your community



Linking you with services,
supports, recovery groups
& health professionals

ndis

NDIS Testing