



**PLEASE CONTACT US WITH ANY ENQUIRES**

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**FACEBOOK: ONE DOOR CLUBHOUSE WOLLONGONG**

**COMMENCING 2/8 One Door Wollongong Virtual Lockdown Groups**

<b>MON</b>		<b>11:30am-12:30pm Movie Club (via Teams)</b>	<b>2:00pm-3:00pm Art Group (via Facebook)</b>
<b>TUE</b>		<b>1:30pm-2:30pm Trivia (via Facebook)</b>	<b>3:30pm-4:30pm Mindfulness Group Call (via phone call)</b>
<b>WED</b>	<b>9am-10am WSG Group call ( via phone call)</b>	<b>11:30am-12:30pm Word Games (via Facebook)</b>	<b>1:00pm-2:00pm Book Club (via Facebook)</b>
<b>THUR</b>	<b>12pm-1pm Chillout Group ( via Teams)</b>	<b>12:00pm-1:00pm MSG Group Call (via phone call)</b>	<b>1:30pm-2:30pm Walking Group (via Facebook)</b>
<b>FRI</b>		<b>1:00pm-2:00pm Virtual Fishing Group (via Facebook)</b>	<b>2:30pm-3:30pm Music Group (via Facebook)</b>

Groups running are subject to interest and client funds, please register your interest by emailing or messaging - [georgia.baker@onedoor.org.au](mailto:georgia.baker@onedoor.org.au), 0429 682 466

Staff can provide assistance connecting/accessing with technology, internet access required for some groups