

Unlock the NDIS

Today is your day. The day you take control of your life, steer it in the direction you want and do the things you've always dreamed of. Through One Door you can unlock the NDIS and all the life-changing opportunities that come with it.

With more than 30 years' experience, we are your NDIS mental health experts. Our team will assist you with your application to give you the best chance at securing a package that works for you and your family or carer. We will help you collate information and support you during your meetings with healthcare professionals and NDIS representatives.

Once your package is approved, we can then help you build your plan and provide or find the services you need to live your life your way. One Door's services builds on your own unique strengths and we will work with you to find something different and innovative to help you achieve your goals.

About Us

Through One Door Mental Health, people living with mental illness and their families find an inclusive community, advocacy support and innovative services.

To find out more, visit onedoor.org.au

Here's what a few people currently on a One Door Mental Health NDIS plan have to say:

"Everything's pretty good at the moment. Having an NDIS plan is really helpful. I'm getting out of the house and now I'd even like to do more things. My support worker is great."

Sam

"It gives us some respite, it enables the person I care for to develop more life skills and get out doing things they wouldn't normally have access to."

Ron, carer of Christian

"I like going out and getting exercise. I like getting out of the house."

Cameron

To become one of our NDIS success stories, contact your local One Door Mental Health team on **1800 THE KEY (843 539)** or visit onedoor.org.au

One Door. Many opportunities. onedoor.org.au

