



## Connector Program PARRAMATTA



### GREAT NEWS!

Happy New Year, everyone. The Connector Program is located close to Parramatta Park.

**Parramatta Park** is 85 hectares of green open space. Featuring the best historic sites and attractions, sports fields and ovals, established gardens and remnant bushland, picnic sports and playgrounds, memorial and monuments, waterways and wildlife, cycleways and walking tracks.

### GROUPS IN ACTION

We have some exciting new groups coming. Please express your interest with the connector staff member for more information.

- Outing group
- Sporting group
- Women's group
- Men's group
- Cooking group
- Extra support for groups

And of course our regular groups are still available.

- Wellness recovery plan
- Creative group
- Walking group
- Gardening group
- Knitting and crotchet
- Coffee & Chat group

We have a **Facebook group too!** connector western Sydney

It is a private group for members & staff. Send a request to join via Facebook.

### CONTACT DETAILS

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***This newsletter is proudly put together at Parramatta by the Connector members and staff.***

