



# Support Coordination

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The options for NDIS services are endless and identifying the right support for your needs can be difficult. One Door's Support Coordinators make it easy for you.

## **Why us?**

One Door Mental Health has more than 30 years' experience in supporting people with mental illness.

We're specialists in providing NDIS services for people with lived experience.

**MENTAL HEALTH RECOVERY SPECIALISTS**

# How We Can Help

Services tailored specifically for you

We know you are unique and have your own strengths. We listen to your needs. We can work with you to find something different and innovative to help you achieve your goals. It's about your choice and putting you in control.

## You may like to...

Improve your living arrangements.

Find your place to call home.

## Be independent.

Develop your skills for life, study, work.

## Feel more connected.

Be part of your local community. Have social relationships.

## Keep your body healthy.

Eat well and exercise.

## About Us

Through One Door Mental Health, people living with mental illness and their families find an inclusive community, strong advocacy and innovative services.

To find out more call 1800 THE KEY (843 539)  
or visit [onedoor.org.au](http://onedoor.org.au)

Your local NDIS mental health specialist is:

